# **Maroubra KLIK - Evolution to Wellbeing - Session Locations**

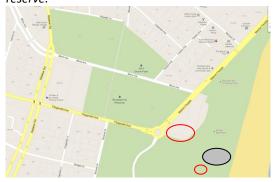
# Maroubra Beach – Arthur Bryne Reserve

Enter the main beach carpark (behind blue pavilion) off the Fitzgerald / Marine Pde roundabout. Park up by the red oval marked on the map and walk south into the park towards the skate park, marked by the grey/black oval.



#### meeting spot is;

Just south of the skate park in Arthur bryne reserve.



# Maroubra Beach – Wet Weather Option

If you get a text saying wet weather, we train at the south end of Arthur Bryne Reserve under the shelter. Drive into the park off the roundabout and park next to left of the South Maroubra Surf Club.



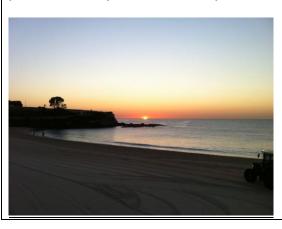
#### meeting spot is;

Under the picnic shelter



# **Coogee Beach**

Park in the car park next to the Coogee Palace, walk south along the promenade, until you see a down ramp to the beach.



#### meeting spot is;

at the down ramp from the promenade to the beach half way between



# **Queens Park**

Located on the corner of Darley Road & Carrington Road in Queens Park. We meet in the park at the bottom of the stairs. The nearest cross-street to our meeting point is Bella Street. Parking is easy to find on Darley Road.



#### meeting spot is;

at the bottom of the stairs across the road from 253 Darley Road, Queens Park



# **Centennial Park**

The session takes place in the north section of the park so best to use the Paddington Gates to enter the park. We meet approximately 100m to the east of the Cafe / Restaurant inside the park. The closest intersection is The Grand Drive & Hamilton Drive.



#### meeting spot is;

100 metres east of the restaurant / cafe in the park



# Indoors @ Logan Dance Studio, Randwick

Located on corner of Belmore and Alison Road. Logan Dance Studio is accessible via a yellow door on Alison Rd. The studio is on the first floor. It is used as a wet weather option for yoga and an indoor option during winter.



#### meeting spot is;

Corner of Belmore and Alison Road, marked by red circle. Red oval indicates suitable parking just around the corner on Elizabeth St.



# **Bronte Park**

Bronte Park is a beautiful spot to train and do yoga. Plus it is where Evolution all started many sunrises ago. Walk into the park from the Bronte Road side and aim towards the kids railway track and the little green sheds that store the trains.



#### meeting spot is;

Next to the kids railway track in the park. Access via Bronte Road. Parking is available in the beach carpark (entrance marked by red oval) opposite the row of cafes.



# Lyne Park, Rose Bay

The meeting spot is just 50 metres to the east of the Rose Bay Ferry Wharf in Lyne Park. Catalina's Restaurant is just to the north of where we meet as well. Closest intersection is New South Head Road & Elanora Street.



#### meeting spot is;

50 metres east of the Rose Bay Ferry Wharf



# **Kayaking @ Rose Bay Marina**

At the west end of the bay, park along New South Head Rd or Wunulla Rd and head down the ramps or steps to sea level.



#### meeting spot is;

On the sand just below the police station on NSH Rd

